

POCUS FOR PRIMARY CARE

Day 1 Schedule. October 5th, 2023. San Francisco, CA

REGISTER

8:00 AM - 8:30 AM



REGISTRATION

COFFEE/TEA, SIGN IN, FILL OUT PRE-COURSE SURVEY, INTRODUCTIONS

INTRO

8:30 AM - 9:10 AM

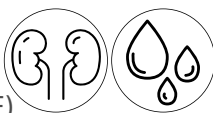


POCUS BASICS AND FUNDAMENTALS

THE ULTIMATE WHY OF POCUS AND THE BASIC PHYSICS, PROBES, MACHINES, AND ARTIFACTS TO GET STARTED

ABD-1

9:10 AM - 9:25 AM (LECTURE)

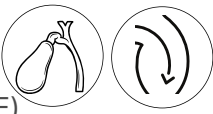


RENAL/BLADDER & FREE FLUID

EVALUATE FOR HYDRONEPHROSIS AND FREE FLUID IN THE ABDOMEN
9:25 AM - 10:05 AM (HANDS-ON SCANNING)

ABD-2

9:10 AM - 9:25 AM (LECTURE)



GALLBLADDER & AAA

SAVE LIVES BY DIAGNOSING ACUTE CHOLECYSTITIS and SCREENING for AAA
10:25 AM - 11:10 AM (HANDS-ON SCANNING)

OB-1ST

11:10 AM - 11:25 AM (LECTURE)



OB 1ST TRIMESTER

EVALUATE 1ST TRIMESTER VAGINAL BLEEDING, R/O ECTOPIC BY RULING IN IUP
11:25 AM - 12:00 PM (HANDS-ON SCANNING)

LUNCH



12:00 PM - 1:00 PM (LUNCH)

CARDIAC

1:00 PM - 1:30 AM (LECTURE)



FOCUSED CARDIAC ECHO

OBTAIN BASIC CARDIAC VIEWS and EVAL EFFUSIONS, EF, RV STRAIN, IVC
2:50 PM - 3:05 PM (BREAK)

COFFEE/TEA



2:30 PM - 2:45 PM

LUNG

2:45 PM - 3:05 PM (LECTURE)



LUNG ULTRASOUND

LEARN TO DIAGNOSE CHF, PNEUMONIA, EFFUSIONS & MORE
3:05 PM - 4:00 PM (HANDS-ON SCANNING)

DVT

4:00 PM - 4:15 PM (LECTURE)



DEEP VEIN THROMBOSIS

EVALUATE FOR DVT IN CLINIC AND AVOID UNNECESSARY ER VISITS
4:15 PM - 5:00 PM (HANDS-ON SCANNING)

END OF SESSION

THAT WAS A LOT OF LEARNING! TIME TO REST, RELAX, & REFILL THE CUP

POCUS FOR PRIMARY CARE

Day 2 Schedule. October 6th, 2023. San Francisco, CA

OPEN SCAN

8:00 AM - 8:30 AM



IMAGES

8:30 AM - 9:10 AM



SST/INJ.

9:10 AM - 9:25 AM (LECTURE)



MSK-1

10:15 AM - 10:50 AM (LECTURE)



LUNCH



MSK-2

1:00 PM - 1:35 PM (LECTURE)



COFFEE/TEA



OSCE

3:00 PM - 3:45 PM



WRAP-UP

3:45 PM - 4:00 PM (LECTURE)



END OF SESSION

COFFEE/TEA

COFFEE/TEA AND OPEN SCANNING, SIGN IN

RAPID FIRE IMAGE REVIEW

TEST YOUR INTERPRETATION SKILLS BY EVALUATING DOZENS OF IMAGES

SKIN SOFT TISSUE, US GUIDED INJECTIONS

CELLULITIS VS. ABSCESS and BASICS OF ULTRASOUND GUIDED PROCEDURES

9:10 AM - 10:15 AM (HANDS-ON SCANNING)

MSK UPPER EXTREMITY

EVALUATE ROTATOR CUFF TEARS, CARPAL TUNNEL, & JOINT INJECTIONS

10:50 AM - 12:00 PM (HANDS-ON SCANNING)

12:15 PM - 1:00 PM (LUNCH)

MSK LOWER EXTREMITY

EVALUATE KNEE EFFUSIONS, POSTERIOR KNEE, ANKLE, ACHILLES, & INJECTIONS

1:35 PM - 2:30 PM (HANDS-ON SCANNING)

COFFEE/TEA, STRETCH, & OPEN SCANNING

2:30 PM - 3:00 PM

PRACTICAL AND OSCE'S

THINK LIKE A CLINICIAN AND PUT ALL YOU'VE LEARNED TO USE.

IN SMALL GROUPS, WORK THROUGH CASES BY:

1. DETERMINING WHAT SCANS ARE CLINICALLY USEFUL IN EACH CASE
2. PERFORM THE SCANS
3. INTERPRET THE IMAGES
4. ARRIVE AT A DIAGNOSIS
5. INTEGRATE CLINICALLY

3:00 PM - 3:45 PM (HANDS-ON OSCE)

ADVANCED APPLICATIONS & WRAP-UP

INTRODUCE ADVANCED POCUS SKILLS AND REMEMBER THE ULTIMATE "WHY" BEHIND POCUS: BETTER, MORE PATIENT CENTERED CARE

THANK YOU FOR LEARNING WITH GUSI & ENJOY THE POCUS JOURNEY!