

POCUS FOR PRIMARY CARE: HANDS ON WORKSHOP

Day 1 Schedule - April 17, 2025
Hilton Financial District 750 Kearny St, San Francisco

REGISTER

8:00 - 8:30 AM



REGISTRATION

COFFEE/TEA, SIGN IN, FILL OUT PRE-COURSE SURVEY, INTRODUCTIONS

INTRO/BASICS

8:30 - 9:10 AM (LECTURE)

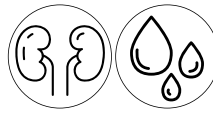


POCUS BASICS AND FUNDAMENTALS

LAYING THE GROUNDWORK FOR POCUS, BASIC PHYSICS, PROBES, MACHINES, AND ARTIFACTS TO GET STARTED

ABD-1

9:10 - 9:25 AM (LECTURE)

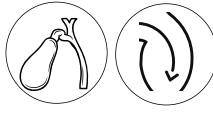


RENAL/BLADDER & FREE FLUID

EVALUATE FOR HYDRONEPHROSIS AND FREE FLUID IN THE ABDOMEN
9:25 - 10:05 AM (HANDS-ON SCANNING)

ABD-2

10:05 - 10:20 AM (LECTURE)



GALLBLADDER & AAA

SAVE LIVES BY DIAGNOSING ACUTE CHOLECYSTITIS and SCREENING for AAA
10:25 - 11:10 AM (HANDS-ON SCANNING)

OB-1ST/IUD

11:10 - 11:25 AM (LECTURE)



RAPID ABDOMEN REVIEW & 1st TRI OB/IUD

PUT IT ALL TOGETHER (RENAL, FREE FLUID, GB, AAA) AND PRACTICE IDENTIFYING THE UTERUS FOR IUD/1ST TRIMESTER VAGINAL BLEEDING EVALUATION
11:25 AM - 12:00 PM (HANDS-ON SCANNING)

LUNCH



12:00 - 1:00 PM

CARDIAC

1:00 - 1:30 PM (LECTURE)



FOCUSED CARDIAC ECHO

OBTAIN BASIC CARDIAC VIEWS and LEARN TO EVALUATE FOR EFFUSIONS, SYSTOLIC FUNCTION, RV STRAIN, AND IVC
1:30 - 2:30 PM (HANDS-ON SCANNING)

COFFEE/TEA



COFFEE/TEA, STRETCH, & OPEN SCANNING
2:30 - 2:45 PM (BREAK)

LUNG

2:45 - 3:05 PM (LECTURE)



LUNG ULTRASOUND

PRACTICE IDENTIFYING A LINES, LUNG SLIDING. LEARN TO DIAGNOSE CHF, PNEUMONIA, EFFUSIONS & MORE. REVIEW CARDIAC VIEWS
3:05 - 4:00 PM (HANDS-ON SCANNING + E-SIM)

DVT

4:00 - 4:15 PM (LECTURE)



DEEP VEIN THROMBOSIS

EVALUATE FOR DVT IN CLINIC AND AVOID UNNECESSARY ER VISITS HIT ON VENOUS INSUFFICIENCY
4:15 - 5:00 PM (HANDS-ON SCANNING)

END OF SESSION

THAT WAS A LOT OF LEARNING! TIME TO REST, RELAX, & REFILL THE CUP

POCUS FOR PRIMARY CARE: HANDS ON WORKSHOP

Day 1 Schedule - April 18, 2025
Hilton Financial District 750 Kearny St, San Francisco

OPEN SCAN

8:00 - 8:30 AM



COFFEE/TEA

COFFEE/TEA AND OPEN SCANNING, SIGN IN

POCUS BINGO!

8:30 - 9:10 AM (INTERACTIVE)

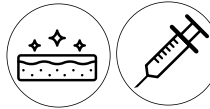


RAPID FIRE IMAGE REVIEW

TEST YOUR INTERPRETATION SKILLS BY EVALUATING DOZENS OF IMAGES IN AN INTERACTIVE GAME OF POCUS BINGO!

SST/INJ.

9:10 - 9:25 AM (LECTURE)



SKIN SOFT TISSUE, US GUIDED INJECTIONS

CELLULITIS VS. ABSCESS, & BASICS OF ULTRASOUND GUIDED PROCEDURES. PRACTICE IN PLANE AND OUT OF PLANE APPROACH. IDENTIFY FOREIGN BODIES

9:25 - 10:15 AM (HANDS-ON SCANNING)

MSK-1

10:15 - 10:50 AM (LECTURE)



MSK UPPER EXTREMITY

EVALUATE ROTATOR CUFF TEARS, CARPAL TUNNEL, & JOINT INJECTIONS

10:50 AM - 12:00 PM (HANDS-ON SCANNING)

LUNCH



12:00 - 12:30 PM

POCUS ADMIN

12:30 - 1:00 PM (OPTIONAL Q&A SESSION)



JOIN GUSI FACULTY FOR AN OPTIONAL DISCUSSION ON CREDENTIALING, BILLING, LONGITUDINAL FELLOWSHIPS, AND QUALITY ASSURANCE. GET YOUR POCUS ADMIN QUESTIONS ANSWERED!

MSK-2

1:00 - 1:35 PM (LECTURE)



MSK LOWER EXTREMITY

EVALUATE KNEE EFFUSIONS, POSTERIOR KNEE, ANKLE, ACHILLES, & INJECTIONS

1:35 — 2:45 PM (HANDS-ON SCANNING)

COFFEE/TEA

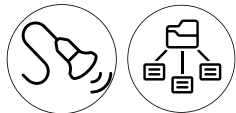


2:45 - 3:00 PM

COFFEE/TEA, STRETCH, & OPEN SCANNING. BREATH! WE ARE IN THE LAST STRETCH!

TEAM OSCE

3:00 - 3:45 PM (HANDS-ON)



BRINGING IT ALL TOGETHER

THINK LIKE A CLINICIAN AND PUT ALL YOU'VE LEARNED TO USE THROUGH A SERIES OF POCUS PUZZLES. REMEMBER, POCUS ALWAYS TAKES INTO ACCOUNT THE CLINICAL CONTEXT!

INDICATION -> IMAGE ACQUISITION -> IMAGE INTERPRETATION -> MANAGEMENT

WRAP-UP

3:45 PM - 4:00 PM (LECTURE)



ADVANCED APPLICATIONS & WRAP-UP

INTRODUCE ADVANCED POCUS SKILLS AND REMEMBER THE ULTIMATE "WHY" BEHIND POCUS: BETTER, MORE PATIENT-CENTERED CARE. LAUNCH NEXT STEPS, MENTORSHIP AND QUALITY ASSURANCE!

END OF SESSION

THANK YOU FOR LEARNING WITH GUSI! UNTIL NEXT TIME!